

# **Celebration of The World Nutritional Day 2017**

**Unit of Siddha Medicine,  
University of Jaffna.**

**08/07/2017**

# Report

The 30<sup>th</sup> batch of Samooga Nala Maruthuvam “Gunapadam Dept” Students have celebrated the World Nutritional Day on 8<sup>th</sup> of July 2017 (Saturday) from 9.00am to 5.30pm with the recommendation of the Board of Management and with the approval of the Vice Chancellor, University of Jaffna.

# Keynote speech was given by Chief guest, Special guest and Head/ Unit of Siddha Medicine

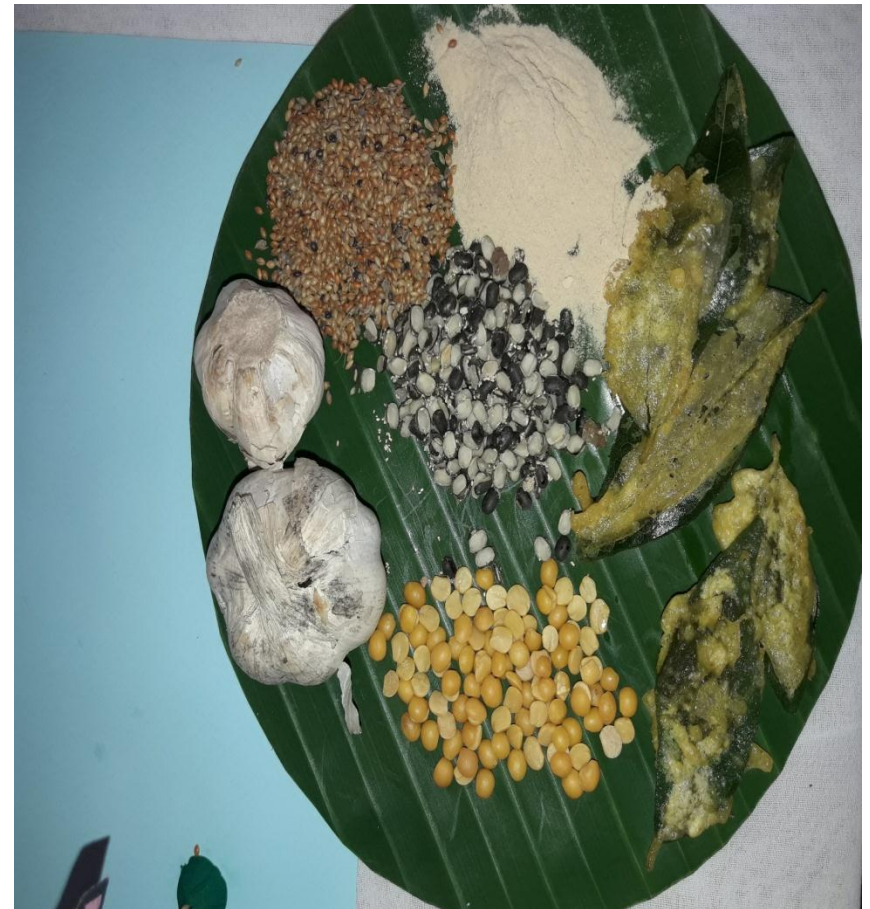


The day was celebrated by conducting seminars and exhibition.





Traditional Nutritional foods were exhibited with the Nutritional value in the exhibition, according to their ages, genders and demand from childhood to senile people.



45 varieties of Spinases and Native fruits were shown in this programme.







Dr.(Mrs).S.Thurairatnam Provincial Commissioner, Indigeneous Medicine, Northern Province and Dr.(Mrs).P.Sivashanmugaraja (M.O.IC Kaithady, Siddha Teaching Hospital) were invited as the Chief guest and the Special guest for this occasion.



Different varieties of Traditional foods such as Porridges, Adai (Thin cake with leaves), Khool, Herbal patchi, Vegetable soups, Herbal soft drink, Herbal salad, Vegetables mixed pittu, Vadai, Vattal, Utkali- (Medicated globe) and Vadakam were displayed.



The programme was successfully  
accomplished at 5.30pm

Coordinator / Dept of Gunapadam  
(Dr.(Mrs).V.Sathiyaseelan).